

PERSONAL INFORMATION

General travel, and depending on the particular tour the activities stated in the itinerary of camping, canoeing, kayaking, and hiking, may involve possible exposure to sun, rain, wind and water, and entails a certain amount of physical exertion. If you have reason to think that recent illness, injury or surgery would affect your participation, please discuss it with your doctor. We request the following information to help safeguard your health, and ask that you provide additional details on a separate sheet if necessary. Please return these forms as quickly as possible—both this Personal Information Form and the accompanying Safety Statement & Release Form are required to be filled out in full by each client before participation on any tour or trip . Thanks for your help!

Name _____ Occupation _____

Trip Length & Dates _____

Height _____ Weight _____ Age _____ Shoe Size (mens) _____

Are you currently under a Doctor's care: _____ If so, for what reasons? _____

Are you allergic to insect bites or bee stings? _____ Are you pregnant? _____

Describe your swimming ability _____

Have you ever had:

Allergies (food or medication) _____ Asthma _____

Diabetes _____ High Blood Pressure _____

Heart Disease _____ Back Problems _____

Epilepsy _____ Dislocations _____

If yes to any of the above, please explain _____

Do you have health insurance? _____ What company? _____

How would you describe your health? _____

Are there any limitations on your activities? _____ If so, what are they? _____

Please describe any special dietary requirements: _____

IN CASE OF EMERGENCY, PLEASE NOTIFY:

NAME: _____ PHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

RELATIONSHIP: _____

PRE-TRIP ARRIVAL INFORMATION:

City of Arrival: _____ Date of Arrival: _____ Time of Arrival: _____

Where are you staying the night before your trip? _____

Phone number of this location (in case we need to contact you): _____

Your cell phone number: _____



Interests/Hobbies: _____

Previous Travel Experience: _____

What factors influenced you to choose our tour company? _____

What are your expectations for this trip? _____

How did you hear about us? (*...it really helps our limited advertising dollars, to know...*)

Past Client Referral _____ Travel Agent _____

Sierra Magazine _____ State Vacation Planner _____ Other _____

Family Adventure Mag _____ AMC Outdoors _____ Official Tour Directory _____

Internet/Web (*if you could recall exactly how, that would be great!*)

Google _____ Bing _____ Yahoo _____ Other Search Engine _____

search terms: _____

Other (please specify): _____

Any suggestions? _____

Thanks for taking the time to share this information.

We look forward to meeting you and being your guide in the Last Frontier! See you soon!